

a story:



I once knew a little girl who decided to dig a hole to the other side of the earth and she ended up on a little island in the South Pacific. Somewhere in the lake hole that she popped out of there were big mana ominously standing guard. Peering down into this hole she plucked out the mud and flew back to the land of the trees. This wise long hair gypsy girl... missed the sun and wandered back to the desert to sleep under the stars and play with coyote. Sitting in the juniper was owl watching with a smile. She asked owl where shall I go next? and he said you have been in the land of the bayous with the alligator, lightening bugs and crawfish, and you have swam with manta rays, sharks and dolphins, you have also wandered by camel, by elephant and even on the back of a jaguar. You have also sat in the council of the 5 red-tailed hawks o brave little one, so where is it you see the next adventure he asked back to her? She said.. well I love the sun, the desert, trees and the smell of rain. I love the coyote and wolves, rivers, mountains, islands and the ocean. Can I be everywhere and nowhere she asked? Hmmm he said... there is only one way to do that, do you know it he asked? And she replied yes I think so... when I dream? No he said, that is only one way. Think harder.. And she said well I can take a crazy trip.. and he laughed and said well uh..No that would be checking out... think harder little gypsy girl, how can you be everywhere and nowhere all at the same time? Where can you find all that you seek? She stared at owl and then closed her eyes... in her heart she traced the past, alive with every beat in the present, creating her future with every mindful breath and she opened her eyes and smiled at owl... I know now... its in my heart, I can be everywhere and nowhere when I am in my heart.

So people talk about things they have done in their life to define them, for me it is just a short list of the adventures that have allowed me to become who I am and the path that I am walking.

i am of the wolf clan

I was born in the bayous of southern Louisiana

i grew up riding horses, swimming in muddy water, and playing music

i used to blindfold my sister and ride her on the handlebars of my bike to make her guess where we were

i used to race boys across the schoolyard at recess in first grade

My favorite playtime activity was the monkey bars and climbing trees

In a small town growing up in Louisiana, offered getting drunk every night and driving up and down the drag when i was 14 to escape;

Abuse was considered love by the elders

i was a band geek.. played clarinet til i was in college and taught drum corps

Was a swimmer and lifeguard instructor for Red Cross

Taught guys how to jump off burning oil rigs and get out of crashed helicopters in the

Gulf of Mexico;

Was a lighting designer and rigger for rock concerts and theatre between the Astrodome and Superdome and up in NYC;

I have scuba'd in the Andaman Sea, the Gulf of Mexico, the Caribbean, the Mediterranean, and soon Australia

I have travelled by camel, elephant, horse, donkey, seen a jaguar chasing wild turkeys, slept next to wild lions, and caught a fertilance (bushmaster) in the jungles of Belize;

I have climbed at Yosemite, Devil's Tower, Wild Iris, Superstitions, El Dorado Canyon, Queen Creek... the Pit in Flagstaff is my favorite

Travelled around the country in a VW bus more than once, including 6 continents;

Walked on water across floating plants 1/2 mile in to core the lake of Rano Kao in the volcano at Easter Island;

Have driven 120mph

Took a one way ticket around the world heading west

Like to sculpt with clay and build houses out of straw and earth

Can drive an underwater submersible

Make video documentaries and write short stories and poems

Look for wolves every summer at glacier national park,

Used to listen to coyotes sleeping on the rocks in the desert and have hummingbird sing to me in the morning

Have walked 12 feet from a griz and her cub eating berries that crossed in my path

Uncovered mastadon bones and ancient horse after a lake imploded from oil drilling that punctured a salt dome mine and drained the lake;

Have been in a hurricane that lifted the curtains up to the ceiling like a bad horror movie and sounded like a freight train running thru the house;

Hung out with alligators

Been arrested more than once protesting logging for greenpeace

Have ancient DNA traced thru the human genome project back 40k years to the Sahara desert Berber people... no wonder i am a gypsy

First impressions are i am tough.. so here is the soft side:

i am a mom, he is my bestest buddy, he saved my life when he was born

i was raised by my grandparents... a seamstress and a band director

i am Taoist and practice the buddhist precepts, as well as yoga daily

i like to grow food and cook

i make tree swings, playhouses, play areas for kids and PLAY with them...

My homeless friend used to live in my shed now I just cook dinners for them

My house has raccoons, possums, crow families, bees, all kinds of living things here in the middle of the city

i like to sleep on my roof and look at the moon and stars and dream up stories